Brain Volume Loss negli studi registrativi delle nuove terapie in Sclerosi Multipla

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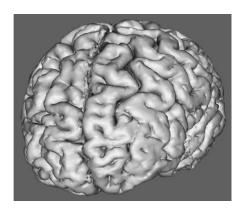
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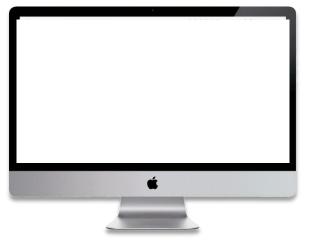
# Introduction

- Brain atrophy is considered an important marker of disease progression in MS. However, most longitudinal studies have assessed brain atrophy over short-to-moderate time periods
- The clinical relevance of long-term brain atrophy in MS patients has been assessed recently (Zivadinov et al 2014)

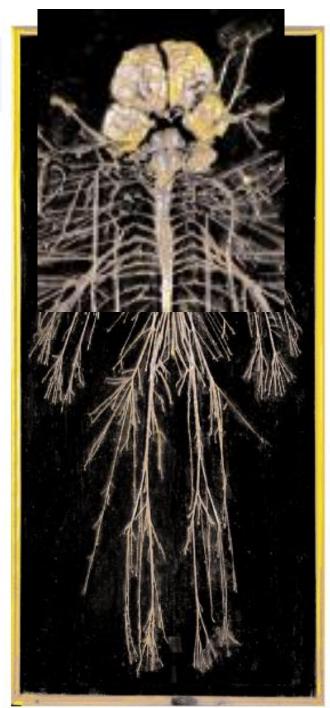
# Brain Atrophy in MS-Outline

- What is Brain Atrophy?
- How can brain atrophy be measured
- Brain Atrophy as endpoint in clinical studies
- Interpreting Brain Atrophy
- Can Brain Atrophy be used in the clinic?





Central and peripheral nervous system (dry prepared of a human being, 1883) Anatomic Museum of Dept. of Medicine, Surgery & Neuroscience, University of Siena



# Definition and Causes of Atrophy

• "Atpoqía":  $\dot{\alpha}$  "not" Tpoq $\dot{\eta}$  "nourishment"

Wasting of tissue

# Causes of atrophy

- poor nourishment
- poor circulation
- loss of hormonal support
- poor development
- disuse or lack of exercise
- apoptosis of cells
- disease intrinsic to the tissue itself

## Brain Volume Change:

## A Composite of Multiple Pathophysiological Mechanisms

# Factors causing brain volume reduction:

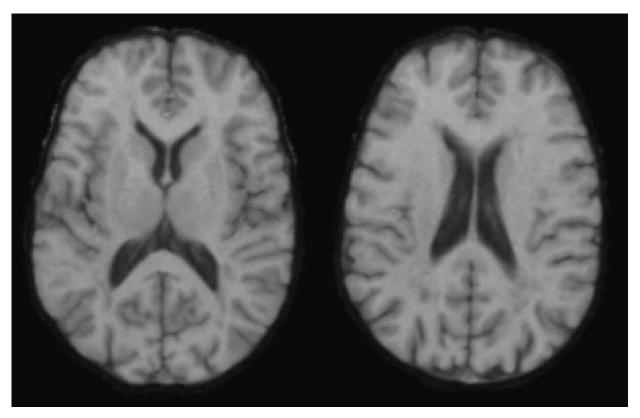
Tissue loss (such as myelin, axons, and possibly also astrocytes) Fluid shift Aging Alcohol Smoking Co-morbidities Genetic? Factors causing brain volume increase: Neuronal repair Remyelination Astrogliosis Fluid shift



ApoE=apolipoprotein E.

Simon JH. Mult Scler. 2006;12:679-687; Barkhof F et al. Nat Rev Neurol. 2009 ;5:256-266; De Stefano N et al. CNS Drugs. 2014;28:147-156.

# Example of Atrophy in Action



Changes in 1 year in normal control ~0.2-0.4%
Changes in 1 year in MS patients: ~0.5-1%

## Brain Atrophy as predictor of long-term disability in MS

# Brain atrophy and lesion load predict long term disability in multiple sclerosis

Veronica Popescu,<sup>1</sup> Federica Agosta,<sup>2</sup> Hanneke E Hulst,<sup>1,3</sup> Ingrid C Sluimer,<sup>1</sup> Dirk L Knol,<sup>4</sup> Maria Pia Sormani,<sup>5</sup> Christian Enzinger,<sup>6</sup> Stefan Ropele,<sup>6</sup> Julio Alonso,<sup>7</sup> Jaume Sastre-Garriga,<sup>8</sup> Alex Rovira,<sup>8</sup> Xavier Montalban,<sup>7</sup> Benedetta Bodini,<sup>9</sup> Olga Ciccarelli,<sup>9,10</sup> Zhaleh Khaleeli,<sup>9</sup> Declan T Chard,<sup>9,10</sup> Lucy Matthews,<sup>11</sup> Jaqueline Palace,<sup>12</sup> Antonio Giorgio,<sup>13</sup> Nicola De Stefano,<sup>13</sup> Philipp Eisele,<sup>14</sup> Achim Gass,<sup>14,15</sup> Chris H Polman,<sup>16</sup> Bernard M J Uitdehaag,<sup>4</sup> Maria Jose Messina,<sup>17</sup> Giancarlo Comi,<sup>17</sup> Massimo Filippi,<sup>2,17</sup> Frederik Barkhof,<sup>1</sup> Hugo Vrenken,<sup>1,18</sup> on behalf of the MAGNIMS Study Group<sup>19</sup> Clinical and magnetic resonance imaging predictors of disease progression in multiple sclerosis: a nine-year follow-up study

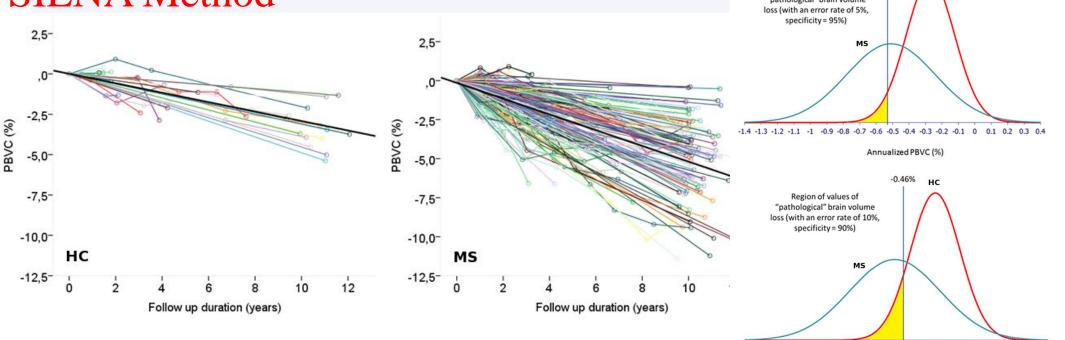
L Lavorgna<sup>1</sup>, S Bonavita<sup>1,2</sup>, D Ippolito<sup>1</sup>, R Lanzillo<sup>3</sup>, G Salemi<sup>4</sup>, F Patti<sup>5</sup>, P Valentino<sup>6</sup>, G Coniglio<sup>7</sup>, M Buccafusca<sup>8</sup>, D Paolicelli<sup>9</sup>, A d'Ambrosio<sup>1</sup>, V Bresciamorra<sup>3</sup>, G Savettieri<sup>4</sup>, M Zappia<sup>5</sup>, B Alfano<sup>10</sup>, A Gallo<sup>1</sup>, IL Simone<sup>9</sup> and G Tedeschi<sup>1,2</sup>

Gray matter damage predicts the accumulation of disability 13 years later in MS

Neurology® 2013;81:1759-1767

Massimo Filippi, MD Paolo Preziosa, MD Massimiliano Copetti, PhD Gianna Riccitelli, PhD Mark A. Horsfield, PhD Vittorio Martinelli, MD Giancarlo Comi, MD Maria A. Rocca, MD

#### Pathological Cutoffs of Brain Atrophy Rates in MS **SIENA** Method Region of values of "pathological" brain volume loss (with an error rate of 5%,

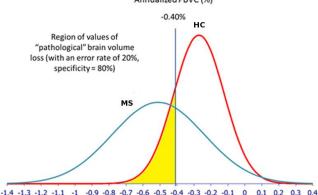


SM: 206, 87% RR, 7% SP, 6% PP Follow up: 7.5 y (1-12 y) **HC: 35** 

Annualized PBVC (%)

-1.4 -1.3 -1.2 -1.1 -1 -0.9 -0.8 -0.7 -0.6 -0.5 -0.4 -0.3 -0.2 -0.1 0 0.1 0.2 0.3 0.4

HC



Annualized PBVC (%)

#### ÷ **PBVC cutoffs** Specificity Sensitivity -0.52% 95% (observed 97%) 49% (observed 44%) -0.46% 90% (observed 91%) 56% (observed 48%) -0.40% 80% (observed 86%) 65% (observed 61%)

*Specificity*= probability of being below the cutoff for an HC Sensitivity= probability of being above the cutoff for a MS patient

De Stefano et al JNNP 2016 o

## Normative Data of Brain Atrophy Rates SIENA Method

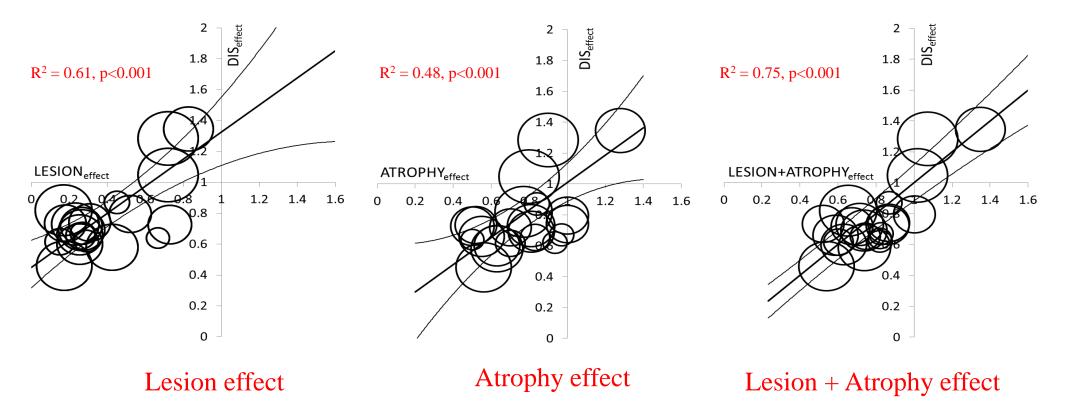
## MAGNIMS Study

<b>1.5</b> T					3 T				
Age range	Predicted PBVC/y	Follow-up time	80° N.P	95°N.P	5°N.P Age range (y)		Follow-up time	80°N.P	95°N.P
<b>(y)</b>					20-30	-0.05	1 year	-0.34	-0.68
	0.15	1 year	-0.48	-0.87		-0.05	2 years	-0.24	-0.44
20-30	-0.17	2 years	-0.37	-0.58		-0.11	1 year	-0.41	-0.77
		1 year	-0.55	-0.98	30-40	-0.11	2 years	-0.30	-0.51
30-40	-0.23	2 years	-0.44	-0.67		-0.17	1 year	-0.48	-0.87
		1 year			40-50		2 years	-0.37	-0.59
40-50	-0.29	2 years	-0.64	-1.10		-0.23	1 year	-0.56	-0.99
			-0.51	-0.76	50-60	-0.25	2 years	-0.44	-0.67
50-60	-0.36	1 year 2 years	-0.72	-1.24		-0.30	1 year	-0.64	-1.11
50-00		2 years	-0.59	-0.86	60-70	-0.50	2 years	-0.51	-0.76
	-0.43	1 year	-0.82	-1.41		0.04	1 year	-0.73	-1.25
60-70		2 years	-0.67	-0.96	70-80	-0.36	2 years	-0.59	-0.86
	-0.50	1 year	-0.92	-1.60					
70-80	-0.50	2 years	-0.76	-1.09					

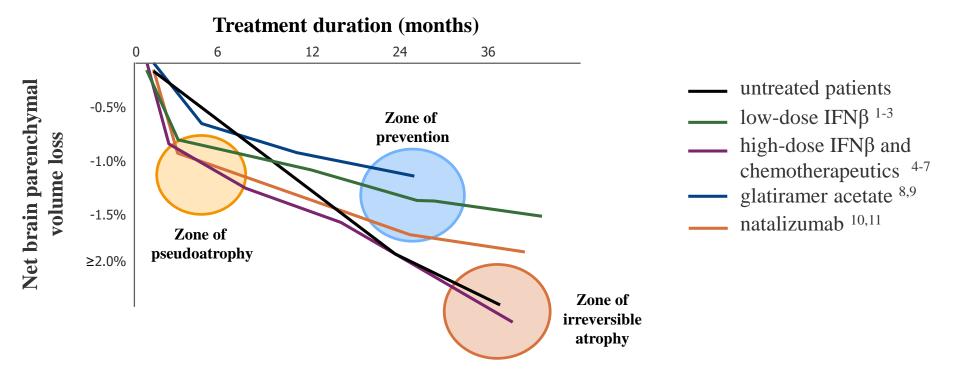
Annualised PBVC

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Meta-analysis of Randomised Clinical Trials in RRMS: lesions, brain atrophy and clinical disability



## Pseudoatrophy is observed in the first 6-9 months of treatment with the majority of DMTs



- Pseudoatrophy mimics brain volume changes caused by tissue loss
- Possible causes include:
  - resolution of inflammation and oedema
  - changes in electrolyte balance and vascular permeability or dehydration

From: Zivadinov R, et al. J Neurol. 2008;255 Suppl 1:61-74; 1. Filippi M, et al. Lancet 2004; 364:1489–1496; 2. Hardmeier M, et al. Neurology 2005;64:236–240; 3. Rudick RA, et al. Neurology 1999;53:1698–1704; 4. Jones C, et al. Neurology 2001;56(Suppl 3):A379; 5. Chen JT, et al. Neurology 2006;66:1935-1937; 6. Inglese M, et al. J Neurol Neurosurg Psychiatry 2004;75:643–644; 7. Roccatagliata L, et al. Mult Scler 2007; 13:1068-1070; 8. Ge Y, et al. Neurology 2000;54:813–817; 9. Sormani MP, et al. Neurology 2004;62:1432–1434; 10. Fisher E, et al. J Neurol 2005;149 ; 11. O' Connor PW, et al. Abstract persented at ANN 2006

# Clinical Relevance of Brain Volume Measures in MS

## **Brain Volume Outcomes from Placebo-Controlled Trials**

Treatment	Phase, duration	Disease type, study population (N)	<b>Reduction in brain volume loss vs placebo</b>
IFNβ-1a IM	Phase 3, 2 years post hoc	RRMS (172)	Year 1 vs baseline: NS Year 2 vs Year 1: Significant Year 2 vs baseline: NS
IFNβ-1a SC	Phase 3, 2 years	CIS suggestive of MS (309)	Year 1 vs baseline: NS Year 2 vs Year 1: NS Year 2 vs baseline: Significant
IFNβ-1b SC	Phase 3, 5-year extension	CIS suggestive of MS (468)	Year 5 vs baseline: NS
IFNβ-1b SC	Phase 3, 3 years	SPMS (718)	Year 3 vs baseline: NS
GA	Phase 3, 1.5 years	RRMS (207)	Year 1.5 vs baseline: Significant
GA	Phase 3, 5 years (3 years placebo- controlled, 2 years open label)	CIS suggestive of MS (409)	Early vs delayed treatment (baseline to last observed value: Significant

IM=intramuscular; SC=subcutaneous; NS=not significant; GA=glatiramer acetate; SPMS=secondary progressive MS.

Treatment	Phase, duration	Disease type, study population (N)	Reduction in brain volume loss vs placebo
Natalizumab	Observational, 2 years	MS (39)	Year 1 vs baseline: Significant (WM) Rate in Year 1 vs Year 2: Significant
Natalizumab	Phase 3, 2 years	RRMS (942)	Year 1 vs baseline: NS Year 2 vs Year 1: Significant Year 2 vs baseline: NS
Fingolimod	Phase 3, 2 years	RRMS (1272)	6 months vs baseline: Significant Year 1 vs baseline: Significant Year 2 vs Year 1: Significant Year 2 vs baseline: Significant
Teriflunomide	Phase 3, 2 years	RRMS (1088)	Year 2 vs baseline (global volume): NS Year 2 vs baseline (WM): Significant
Laquinimod	Phase 3, 2 years	RRMS (1,106)	Year 2 vs baseline (global volume, WM, GM ):Significant Year 1 vs baseline (global volume, WM, GM): Significant
Laquinimod	Phase 3, 2 years	RRMS (1,331)	Year 2 vs baseline (global volume, WM, GM ):Significant
Dimethyl fumarate (bid)	Phase 3, 2 years	RRMS (540)	Year 2 vs baseline: Significant
Dimethyl fumarate (bid)	Phase 3, 2 years	RRMS (681)	Year 2 vs baseline: NS

# Clinical Relevance of Brain Volume Measures in MS

#### **Brain Volume Outcomes from Active Comparator-Controlled Trials**

Treatment	Comparator	Phase, duration	Disease type, study population (N)	<b>Reduction in brain volume loss vs placebo</b>
IFNβ-1b SC	GA	Phase 3, 2-3.5 years	RRMS (2244)	Year 1 vs baseline: NS Year 2 vs Year 1: NS Year 3 vs Year 2: NS
IFNβ-1a IM	Dose comparison	Phase 3, 3 years	RRMS (189)	Year 3 vs baseline: Significant
GA	IFNβ	Post hoc, 2 years	RRMS (86)	Year 2 vs baseline (gray matter): Significant
GA	IFNβ	Retrospective, 5 years	RRMS (275)	Year 5 vs baseline: Significant
Natalizumab	IFNβ	Pilot, 1.5 years	RRMS (26)	Year 1.5 vs baseline: Significant
Alemtuzumab	IFNβ-1b SC	Phase 2, 3 years	RRMS (334)	Year 3 vs Year 1: Significant Year 3 vs baseline: Significant
Alemtuzumab	IFNβ-1b SC	Phase 3, 2 years	RRMS (840)	Year 2 vs baseline: Significant
Alemtuzumab	IFNβ-1b SC	Phase 3, 2 years	RRMS (581)	Year 2 vs baseline: Significant
Fingolimod	IFNβ-1a IM	Phase 3, 1 year	RRMS (1292)	Year 1 vs baseline: Significant

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#### Effect of intramuscular interferon beta-1a on gray matter atrophy in relapsing-remitting multiple sclerosis: A retrospective analysis

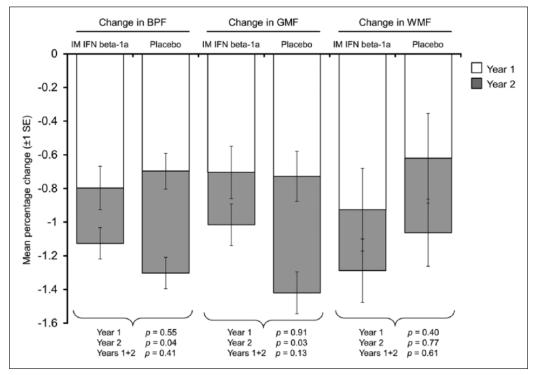
Multiple Sclerosis Journal 2016, Vol. 22(5) 668–676 DOI: 10.1177/ 1352458515599072

E Fisher, K Nakamura, J-C Lee, X You, B Sperling and RA Rudick

#### Multiple Sclerosis Collaborative Research Group Phase 3 IM IFN β-1a vs placebo in RRMS

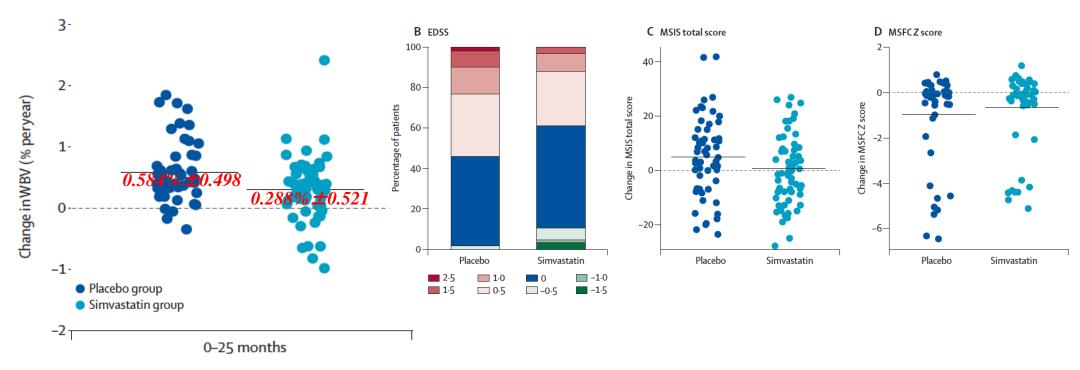
Brain atrophy variable, mean (SD)	IM IFN beta-1a (n=62)	Placebo ( <i>n</i> =69)	<i>p</i> value
BPF % change			
Year 1	-0.80 (1.01)	-0.70(0.89)	.55
Year 2	-0.33 (0.74)	-0.61 (0.77)	.04
Years 1 and 2	-1.12 (1.23)	-1.30 (1.18)	.41
GMF % change			
Year 1	-0.70 (1.22)	-0.73 (1.23)	.91
Year 2	-0.31 (0.97)	-0.69 (1.03)	.03
Years 1 and 2	-1.02 (1.41)	-1.42 (1.57)	.13
WMF % change			
Year 1	-0.93 (1.94)	-0.62 (2.21)	.40
Year 2	-0.36 (1.48)	-0.44 (1.66)	.77
Years 1 and 2	-1.29 (2.31)	-1.06 (2.66)	.61

BPF: brain parenchymal fraction; GMF: gray matter fraction; IM IFN beta-1a: intramuscular interferon beta-1a; SD: standard deviation; WMF: white matter fraction.



# Effect of high-dose simvastatin on brain atrophy and disability in secondary progressive multiple sclerosis (MS-STAT): a randomised, placebo-controlled, phase 2 trial

Jeremy Chataway, Nadine Schuerer, Ali Alsanousi, Dennis Chan, David MacManus, Kelvin Hunter, Val Anderson, Charles R M Bangham, Shona Clegg, Casper Nielsen, Nick C Fox, David Wilkie, Jennifer M Nicholas, Virginia L Calder, John Greenwood, Chris Frost, Richard Nicholas

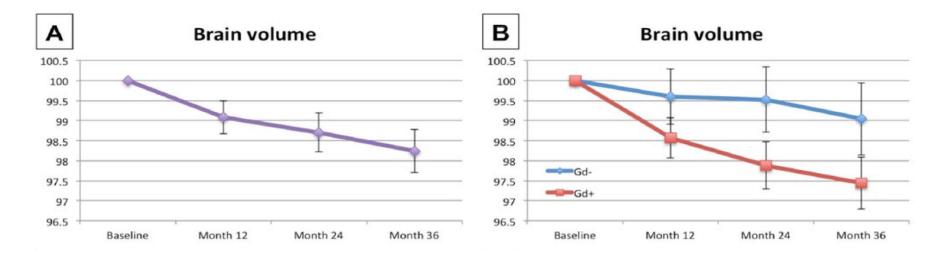


## Brain atrophy in natalizumab-treated patients: A 3-year follow-up

J Sastre-Garriga, C Tur, D Pareto, A Vidal-Jordana, C Auger, J Río, E Huerga, M Tintoré, A Rovira and X Montalban

### BVL is different in MS patients with/without baseline Gd activity

n=62, 3 years follow up

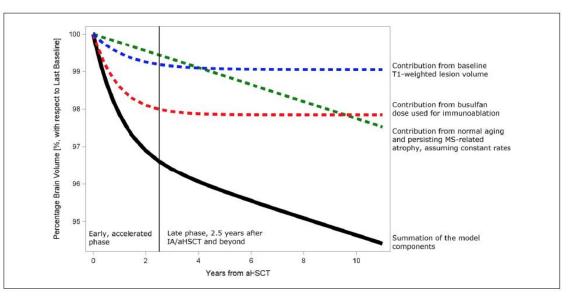


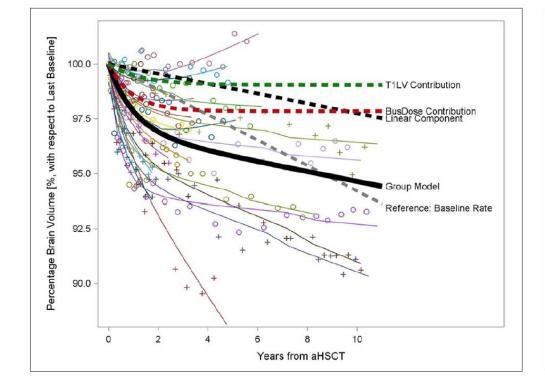
Gd activity predicts a higher rate of PBVC in Natalizumab treated patients

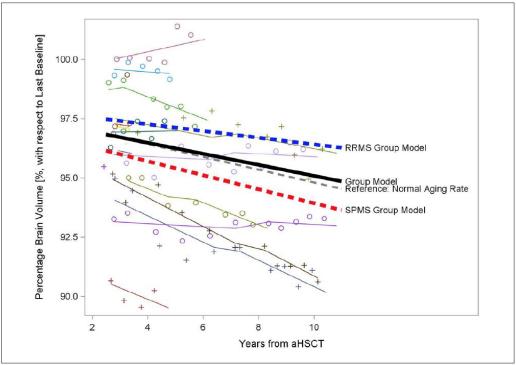
## Brain atrophy after bone marrow transplantation for treatment of multiple sclerosis

Hyunwoo Lee, Sridar Narayanan, Robert A Brown, Jacqueline T Chen, Harold L Atkins, Mark S Freedman and Douglas L Arnold

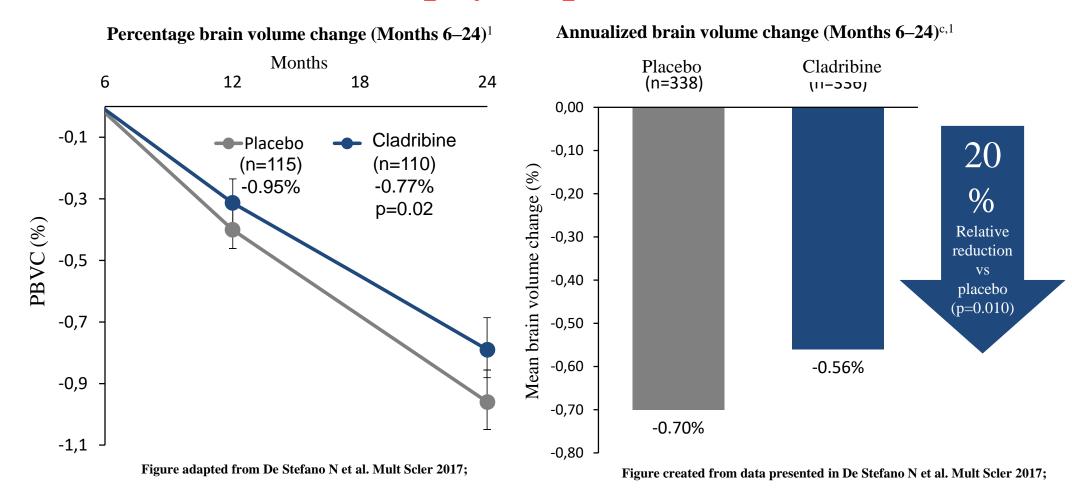
Multiple Sclerosis Journal , 2016.







# Cladribine significantly reduced the rate of brain atrophy vs placebo<sup>a,b</sup>



<sup>a</sup> As these are	<sup>a</sup> As these are data from a <i>post hoc</i> analysis, no conclusions can be drawn with regards to clinical outcome. Further randomised, controlled clinical trials will be necessary														
to				corr	oborate					these	3			f	indings;
<sup>b</sup> Data from the 2	-year CL	ARITY trial.	. Brain atrophy v	vas assessed	from Months	6 to 24 to a	void conf	founding in	fluence of pseu	doatrophy i	in the first	6 months2; cMeasure	d by structural im:	age evalua	tion using
normalization	of	atrophy	(SIENA),	which	measures	change	in	brain	volume	based	on	pre-gadolinium	T1-weighted	MRI	scans.
MRI,	magn	etic	resonance		imaging;	I	PBVC,		percentage		of	brain	volume		changes.
									1. De Stefano	N et al. M	iult Scler	2017;; 2. De Stefano	N and Arnold D	. Mult Scl	er 20159

## Slowing of Cortical Gray Matter Atrophy With Teriflunomide Is Associated With Delayed Conversion to Clinically Definite MS

TOPIC study (NCT00622700)

	Placebo (n=197)	Teriflunomide 7 mg (n=203)	Teriflunomide 14 mg (n=214)
Female, n (%)	135 (68.5)	128 (63.1)	153 (71.5)
Age, mean (SD), y	32.0 (8.4)	31.5 (9.0)	32.7 (8.1)
Time since first symptom of MS, mean (SD), mo	1.88 (0.52)	1.89 (0.56)	1.80 (0.56)
EDSS score			
Mean (SD)	1.71 (1.00)	1.50 (1.02)	1.78 (0.95)ª
Median (min, max)	1.50 (0.0, 5.5)	1.50 (0.0, 6.0)	1.50 (0.0, 5.0) <sup>a</sup>
Total lesion volume, <sup>b</sup> mean (SD), mL	9.15 (10.69) <sup>c</sup>	8.07 (9.98) <sup>d</sup>	8.78 (9.36) <sup>e</sup>
Number of Gd-enhancing lesions, mean (SD)	1.4 (4.1) <sup>c</sup>	1.1 (3.0) <sup>d</sup>	1.4 (3.7) <sup>f</sup>

## Slowing of Cortical Gray Matter Atrophy With Teriflunomide Is Associated With Delayed Conversion to Clinically Definite MS

TOPIC study (NCT00622700)

 Table 2. Baseline Characteristics by Group for the ITT Population With

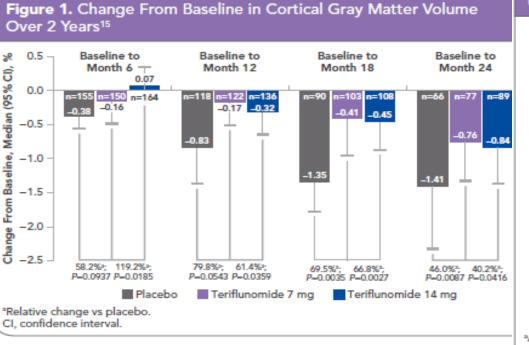
 Nonmissing Annualized Percentage Change From Baseline in CGMV<sup>a</sup>

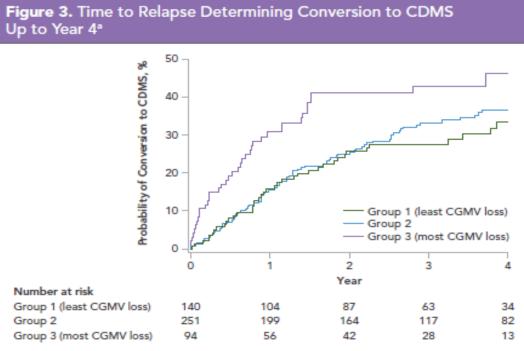
Least CGMV loss	Most CGMV loss	
Group 1 (≥0.206% change)	Group 2 (≥−1.879 to <0.206% change)	Group 3 (<–1.879% change)
140	251	94
94 (67.1)	173 (68.9)	59 (62.8)
31.6 (8.8)	32.9 (8.3)	32.0 (8.8)
1.86 (0.54)	1.75 (0.51)	2.02 (0.55)
1.61 (1.02) <sup>b</sup> 1.5 (0.0, 5.5) <sup>b</sup>	1.63 (0.96) <sup>c</sup> 1.5 (0.0, 5.5) <sup>c</sup>	1.65 (1.07) 1.5 (0.0, 6.0)
7.91 (8.05)°	8.02 (9.36) <sup>f</sup>	10.36 (13.06) <sup>g</sup>
1.25 (3.49)°	1.11 (3.37) <sup>;</sup>	2.09 (5.28) <sup>g</sup>
	CGMV loss Group 1 (≥0.206% change) 140 94 (67.1) 31.6 (8.8) 1.86 (0.54) 1.61 (1.02) <sup>b</sup> 1.5 (0.0, 5.5) <sup>b</sup> 7.91 (8.05)°	Group 1 (≥0.206% change)         Group 2 (≥-1.879 to <0.206% change)           140         251           94 (67.1)         173 (68.9)           31.6 (8.8)         32.9 (8.3)           1.86 (0.54)         1.75 (0.51)           1.61 (1.02) <sup>b</sup> 1.63 (0.96) <sup>c</sup> 1.5 (0.0, 5.5) <sup>b</sup> 8.02 (9.36) <sup>f</sup>

<sup>a</sup>The intent-to-treat (ITT) population represents pooled data from placebo and active treatment groups; <sup>b</sup>n=139; <sup>c</sup>n=250; <sup>d</sup>total volume of lesions on T<sub>2</sub><sup>-</sup> and T<sub>1</sub>-weighted scans; <sup>e</sup>n=122; <sup>f</sup>n=231; <sup>g</sup>n=89. CGMV, cortical gray matter volume; EDSS, Expanded Disability Status Scale; Gd, gadolinium.

## **MRI** Outcomes

## CDMS Conversion According to CGMV Loss





Analyses based on pooled data from placebo and active treatment groups (total population). CDMS, clinically definite MS; CGMV, cortical gray matter volume.

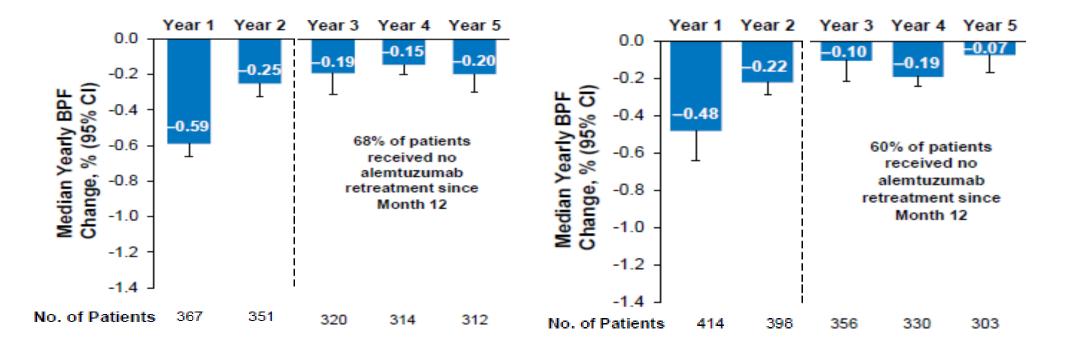
CGMV variation (%)	CDMS conversion risk (%)								
	6M	12M	18M	24M					
1%	17.5% (P=0.0007)	12.4% (P=0.0099)	14.2% (P=0.0009)	14.5% (P=0.0005)					

\* Teriflunomide 7mg vs placebo, P = 0.0089

\* Teriflunomide 14 mg vs placebo, P = 0.0052

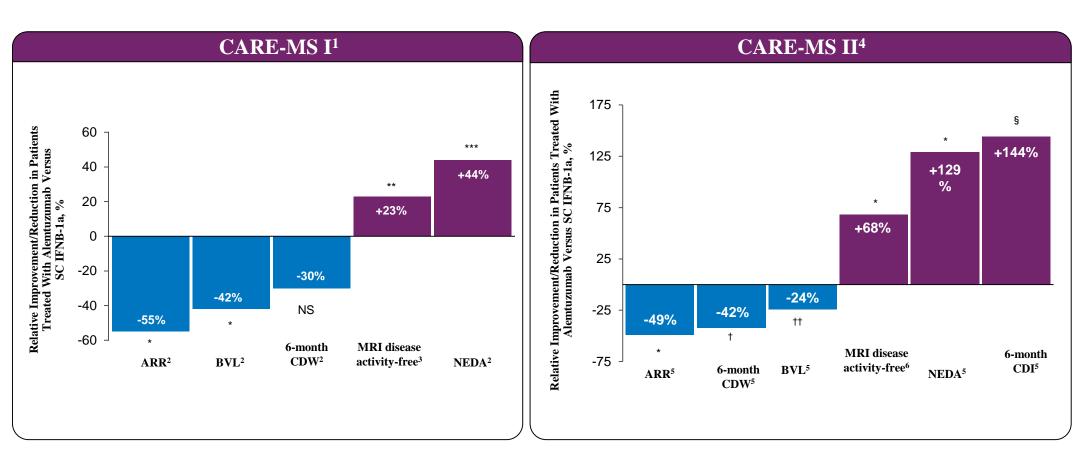
## Durable slowing of BVL with Alemtuzumab: Care MS I & II

#### Median Annual Brain Volume Changes



## **CARE-MS** Core

Efficacy Summary Relative to SC IFNB-1a at 2 Years



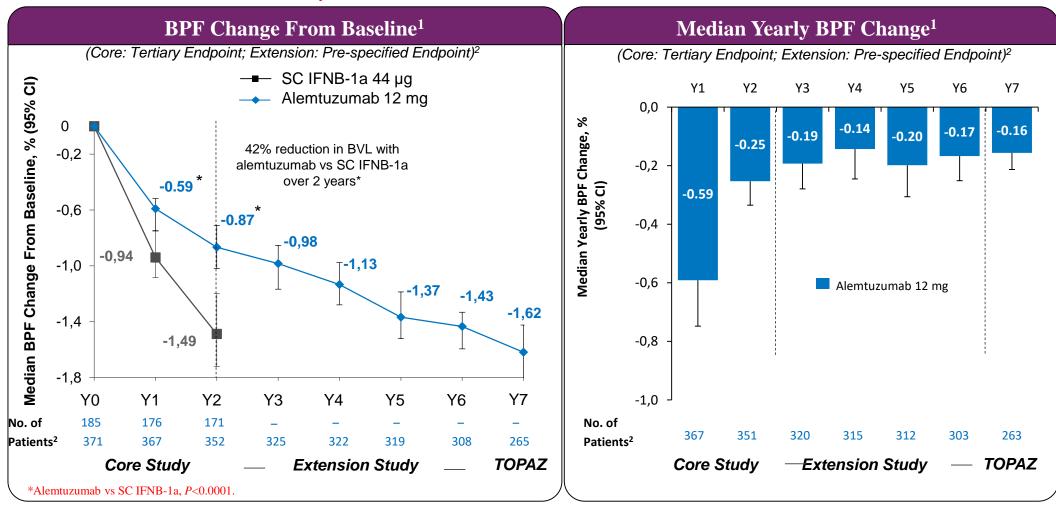
\*P < 0.0001; \*\*P = 0.0388 \*\*\*P = 0.006; †P = 0.0084; ††P = 0.01; <sup>g</sup>P = 0.0002.

ARR=annualized relapse rate; BVL=brain volume loss; CDI=confirmed disability improvement defined as a reduction in the EDSS score of  $\geq 1.0$  (or 0.5, for baseline EDSS scores >5.5) sustained for at least 6 months. Analysis for CDI was restricted to those with a baseline EDSS  $\geq 2.0$ ; CDW=confirmed disability worsening defined as  $\geq 1.0$ -point EDSS increase from baseline (or  $\geq 1.5$  points if baseline EDSS=0); NEDA=no evidence of disease activity; NS=not significant; SC IFNB-1a=subcutaneous interferon beta-1a

1. Singer B et al. AAN 2017, Platform S24.005; 2. Cohen JA et al. *Lancet* 2012;380:1819-28; 3. Giovannoni G et al. ENS 2012, 0288; 4. Fox E et al. AAN 2017, Platform S24.006; 5. Coles AJ et al. *Lancet* 2012;380:1829-39; 6. Hartung HP et al. AAN 2013, P07.093.

## CARE-MS I Core/Extension/TOPAZ

Slowing of Brain Volume Loss Through Year 7 in Patients Who Received Alemtuzumab 12 mg in the CARE-MS I Core Study

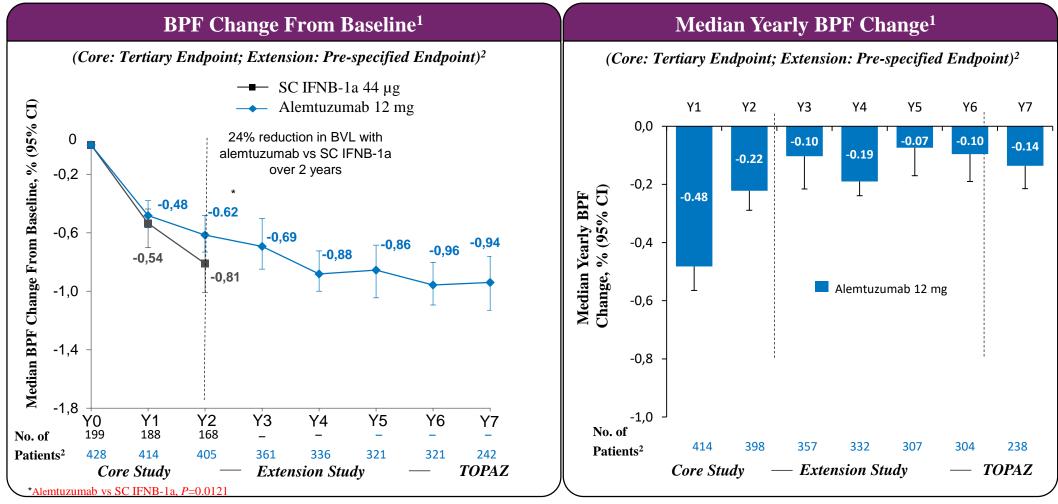


Through 7 years, brain volume loss slowed in the absence of continuous treatment in patients who were treatment-naive at baseline
 61% of patients received no alemtuzumab retreatment

BPF=brain parenchymal fraction; BVL=brain volume loss. 1. Arnold DL et al. ACTRIMS-ECTRIMS 2017, P1189;

## CARE-MS II Core/Extension/TOPAZ

Slowing of Brain Volume Loss Through Year 7 in Patients Who Received Alemtuzumab 12 mg in the CARE-MS I Core Study



Through 7 years, brain volume loss slowed in the absence of continuous treatment in patients who were treatment-naive at baseline
 52% of patients received no alemtuzumab retreatment

#### 1. Pelletier D et al. ACTRIMS-ECTRIMS 2017, P741

# Conclusions

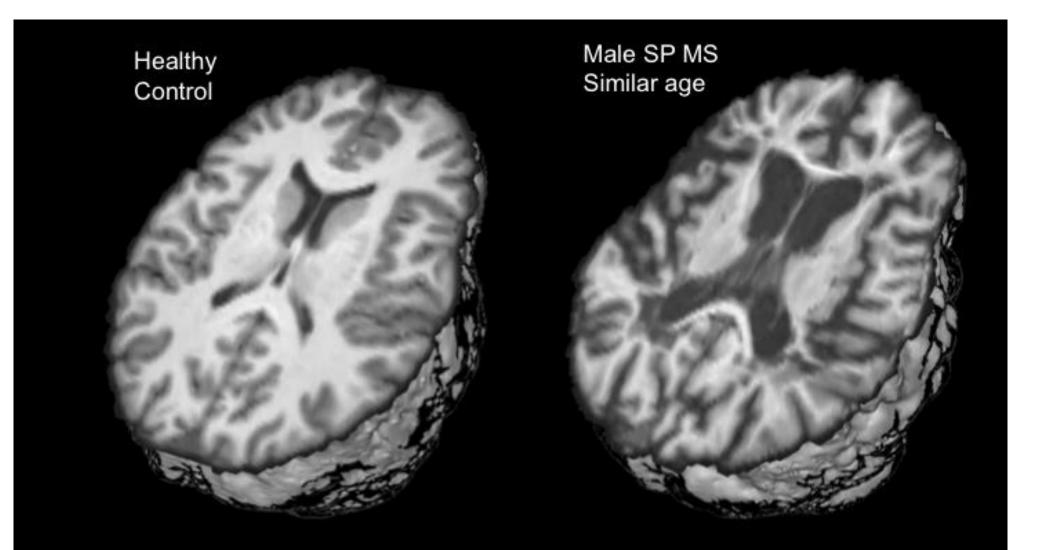
Global MRI-derived measures of brain volumes are feasible, sensitive to changes and clinically relevant.

Measures of MRI-derived brain volumes have been extensively used in clinical studies as end points in clinical trials

•Whole brain atrophy measures can reliably monitoring therapeutic intervention in clinical trials.



# Brain Atrophy in MS





#### Short Report

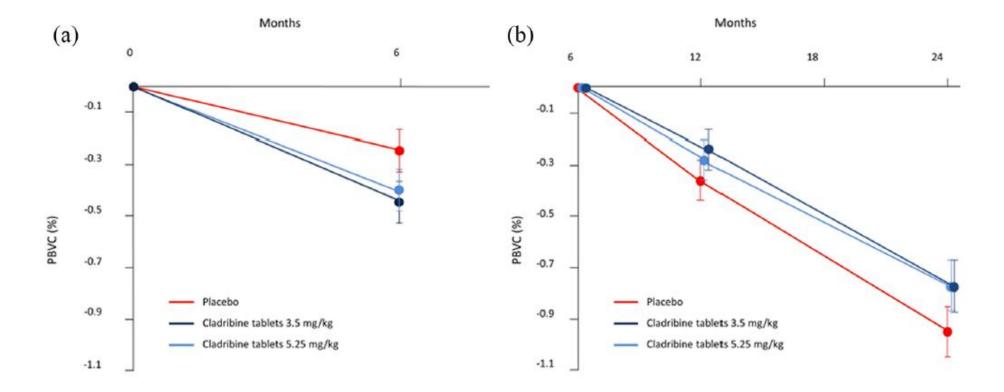
Reduced brain atrophy rates are associated with lower risk of disability progression in patients with relapsing multiple sclerosis treated with cladribine tablets

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DatafromCLARITYsuggestthatCladribinecan significantly reduce brain atrophy vs placeboa

Cladribine significantly reduces brain atrophy vs placebo<sup>1</sup> Residual rates in treated patients were close to the physiological rates<sup>1</sup>

Brain atrophy reduction correlates with a reduced risk of disability progression<sup>1</sup>

<sup>a</sup>As these are data from a *post hoc* analysis, no conclusions can be drawn with regards to clinical outcome. Further randomised, controlled clinical trials will be necessary to corroborate these findings CLARITY, Cladribine Tablets Treating Multiple Sclerosis Orally; RMS, relapsing MS 1. De Stefano N et al. Mult Scler 2017.